Simply let experience take place very freely, so that your open heart is suffused with the tenderness of true compassion.

~ Tsoknyi Rinpoche
# Table of Contents

Ordinary Refuge and Bodhicitta 1  
Special Refuge 1  
Four Boundless States 1  
Special Bodhicitta 2  
Mandala Offering 2  
Requesting the Teacher to Give Teachings 2  
Dedication of Merit 3  
Aspirations 3  
The Four Dharmas of Gampopa 4  
Supplication to Guru Rinpoche 4  
“Buddha of the Three Times”  
Long-Life Prayer for H. H. 14th Dalai Lama 5  
Drubwang Tsoknyi Rinpoche’s Long-Life Supplication 5  
by Adeu Rinpoche (short version)  
Seven Line Supplication to Guru Rinpoche 5  
General Lineage Supplication (Kunzang Dorsem) 6  
Supplication to the Chokling Tersar Lineage 6  
(Damdzin Namtrül)  
Supplication to Drubwang Tsoknyi Rinpoche 8  
by Adeu Rinpoche  
Supplication to the Root Guru 8  
Supplication to the Drukpa Kagyu Lineage Masters 9  
“The Staircase to the Brilliant Sumeru”  
by Gyalwang Kunga Paljor  
Ultimate Supplication 12
A Small Song of Yearning: Calling the Lama from Afar

A Vajra Song *by Drubwang Tsoknyi Rinpoche I*

Request for the Teacher to Remain as the Vajra Body, Speech and Mind

Drubwang Tsoknyi Rinpoche’s Long-Life Supplication *by Adeu Rinpoche* (long version)

One-Hundred Syllable Mantra of Vajrasattva

Heart Mantra of Vajrasattva

Prayer to Protectress Dorje Yudronma
Ordinary Refuge and Bodhicitta

May they be free from attraction, aversion and partiality, and remain in great equanimity.

In the Buddha, the Dharma and the supreme Sangba
I take refuge until enlightenment.
By the merit of practicing the paramitas
May I attain buddhahood for the benefit of all beings.

Special Refuge

Namo. The empty essence, dharmakaya;
The lucid nature, sambhogakaya;
And the manifold compassionate energy, nirmanakaya;
In these I take refuge until enlightenment.

Four Boundless States

May all beings be happy and have the causes of happiness.
May they be free from suffering and its causes.
May they never lose the happiness free from sorrow.
May they be free from attraction, aversion and partiality, and remain in great equanimity.
Special Bodhicitta

hoh kha-nyam drowa ma-lü pa
sang-gyê sala kô-pê chir
dzok-pa chenpö men-ngak ki
rang-rîk chö-ku tok-par ja

Hoh. To establish every single being in numbers vast as space
In the state of buddhahood,
I will realize self-knowing awareness, the dbar-ma-kaya,
Through the instructions of Dzogpa Chenpo.

Mandala Offering

sa-shi pö-chu juk shing mêtok tram
ri-rap ling-zhi nyi-dê gyenpa di
sang-gyê shing du mik tê bhul-war gee
dro-kun nam-dak shing la chö-par sho

I anoint this base with perfumed water and sprinkle it with flowers.
Adorned with Mt. Meru, the four continents, the sun and moon,
I visualize it as a buddha realm and offer it.
May all beings enjoy this perfect realm.

Requesting the Teacher to Give Teachings

sem-chen nam ki sampa dang
lo-yi jê-trak ji ta war
chè-chung t’un-mong t’êk pa yi
chö-ki khorlo kor du sol

According to sentient beings’ dispositions
And specific mental capacities,
Please turn the Dharma wheel
Of the greater, lesser or common vehicles.
Dedication of Merit

From the ocean of samsara, 
And may the adversary, kleshas, be conquered.

jang-chup sem-chok rinpoche
ma-kye panam kyey-gyur chik
kye-pa nyam pa mepar yang
gong-nye gongdu p’el-war sho

By this merit, may omniscience be attained, 
And may the adversary, kleshas, be conquered. 
From the ocean of samsara, with its stormy waves of birth, old age, sickness and death, 
May all sentient beings be freed.

Aspirations

jang-chup sem-chok rinpoche
ma-kye panam kyey-gyur chik
kye-pa nyam pa mepar yang
gong-nye gongdu p’el-war sho

May the precious bodhichitta 
Arise where it has not arisen;  
And where it has arisen, may it not diminish,  
But increase further and further.

tong-nyi ta-wa rinpoche
ma-kye panam kyey-gyur chik
kyepa nyam pa mepar yang
gong-nye gongdu p’el-war sho

May the precious view of emptiness 
Arise where it has not arisen;  
And where it has arisen, may it not diminish,  
But increase further and further.
May the precious conduct of nonviolence
Arise where it has not arisen;
And where it has arisen, may it not diminish,
But increase further and further.

The Four Dharmas of Gampopa

Grant your blessings that our minds may follow the Dharma.
Grant your blessings that the Dharma becomes the path.
Grant your blessings that the path dispels confusion.
Grant your blessings that confusion dawns as wisdom.

“Buddha of the Three Times”
Supplication to Guru Rinpoche

Guru Rinpoche, Buddha of the three times,
Lord of all siddhis, embodiment of great bliss,
Dispeller of all obstacles, wrathful tamer of Mara,
We supplicate you. Please grant your blessings!
Long-Life Prayer for His Holiness 14th Dalai Lama

May your life stay firm until the end of existence.

In this pure land surrounded by snowy mountains
You are the source of all benefit and happiness.
Avalokiteshvara, Tenzin Gytso,
May your life stay firm until the end of existence.

Drubwang Tsoknyi Rinpoche’s Long-Life Supplication
by Adeu Rinpoche (short version)

Embodiment of the compassionate wisdom of all the Conquerors,
Treasure of the supreme blessings of exceptional two-fold omniscience,
Tsoknyi Gytso, I pray that your life be long and stable.
Please bless my being to realize the four kayas.

The Seven-line Supplication to Guru Rinpoche

hung
orgyen yul ki nub-jang tsam
pêma gê-sar dong-po la
yam-tsen chok-ki ngo-drup nyè
pêma jung-nè shè su drak
khor du khandro mang-pô kor
Hung! On the northwest border of Uddiyana,
In the heart of a lotus flower,
Endowed with the marvelous supreme siddhi,
Renowned as the Lotus Born,
You are surrounded by many dakinis.
I will follow in your footsteps.
Please come and grant your blessings!
Guru Pema Siddhi Hung

**Kunzang Dorsem**
**General Lineage Supplication**

Kun-zang dor-sem ga-rab shi-ri seng
pema ka-ra jê-bang nyi-shu nga
so zur nûb nyak ter-tôn gya-tsa sok
ka-ter lama nam-la sol wa dep

Samantabhadra, Vajrasattva, Garab Dorje and Shri Singha,
Padmakara, King and subjects—the twenty-five disciples—
So, Zur, Nub, Nyag, the hundred tertons and others,
All gurus of kama and terma, I supplicate you.

**Damdzin Namtrül, Supplication to the Chokling Tersar Lineage**

dam-dzin nam-trul chokgyur dêchen ling
bima ngö-jön jamyang khyentsè wang
bê-ro ngö-nang lodrö t’ayè dê
chen-rê-zik wang khakyab dorjè tsal

Manifestation of Damdzin, Chokgyur Dechen Lingpa.
Vimalamitra appearing in person, Jamyang Khyentse Wangpo.
Vairotsana really manifest, Lodrö Taye.
Avalokiteshvara Kakyab Dorje.

Magical display of King Jah, Tsewang Drakpa.
Incarnation of Yudra Nyingpo, Tsewang Norbu.
Reincarnation of Shantaraksita, lord Mahapandita Ratna.
Display of Namkhai Nyingpo, venerable Dharma Ratna.

Manifestation of Yeshe Tsogyal, Sukha Dharma.
Blessed by Arya Tara, Ratna Shri.
Vimalamitra manifest in person, Samten Gyatso.
Perfector of the four visions, Chime Dorje.

Siddha of union, Sang-ngak Rinpoche.
Miraculous display of Wangchok Dorje, with the name Tsewang.
Accepted by Jangön Lama, Khyentse Özer*
Realizer of the natural state, Urgyen Tsewang Chokdrub**

*Kyabje Dilgo Khyentse Rinpoche
**Kyabje Tulku Urgyen Rinpoche
With undivided devotion, I supplicate one-pointedly
This garland of gold mountains, the root and lineage gurus.
Bless me with your compassion; may the two siddhis be realized.

Supplication to Drubwang Tsoknyi Rinpoche
by Adeu Rinpoche

Embodiment of the compassionate wisdom of all the Conquerors, Treasure of the supreme blessings of exceptional two-fold omniscience, Tsoknyi Gyatso, to you I supplicate.
Please bless my being to realize the four kayas.

Supplications to the Root Guru

From the dharmadhatu palace of Akanishtba, You actually reveal my mind as dharmakaya. Root guru, essence of all the buddhas of the three times, I supplicate at your feet!
Glorious precious root guru,
Please always remain, without parting,
On the lotus seat above my head,
And grant me the siddhis of body, speech and mind.

The Staircase to the Brilliant Sumeru
A Supplication to the Drukpa Kagyu Lineage Masters
by Gyawang Kunga Paljor

In the expanse of the Great Vajradhara's wisdom,
Tilopa's mandala of realization blooms,
And Mahapandita Naropa radiates beams of compassion.
I bow to these three lineage gurus who dispel the darkness of ignorance.
In Marpa Lotsawa's ocean of Dharma,
Laughing Vajra¹ found the wish-fulfilling jewel,
And Youthful Moonlight² fulfills all needs and wishes.
I bow to these three lineage gurus who confer the supreme siddhis.

In the precious bodhi tree of the Protector of Beings³
The foliage of Lingchen Repa's supreme aspiration blooms,
And the fruits of the glorious Drukpa's⁴ activity ripen.
I bow to these three lineage gurus who cure the sickness of the three poisons.

In Buddha Önre's snow mountain of complete excellence
Is the stream of the Sacred Dharma amrita of those named senge,
And the sprout of profound meaning is born in the Dharma Lord Khu Ön.
I bow to these three lineage gurus, the source of all that is wished for.

Gampopa, crown ornament of all the Kagyüs,
Tsariwa, vital pillar of the teaching of the practice lineage,
Drukpa, sovereign of the instructions of the lineage of ultimate reality,
I bow at the feet of the Dharma Lord, inseparable from these three.

¹ Milarepa ² Gampopa ³ Phagmo Drupa ⁴ Tsangpa Gyare
The pure body is space and wisdom,  
The supreme speech is unimpeded,  
The wisdom mind is free of delusion,  
I bow to these—the guru's body, speech and mind.

All pervading sky-yogi,  
Expanse of impartial great bliss,  
Unconditioned spontaneously present inner space,  
I bow at the feet of the omniscient Drukpa.

In all my lives  
May I never be separated from you, sublime being,  
And always be nourished  
By the taste of your speech amrita, the sacred Dharma.
gyal-wè ngak-pè nè nam su
tsè di ja-wa lö-tang nè
döṅ-dam chö-kü lama dang
nam-yang drel-wa mè-par sho

In blessed places praised by the Buddha,
After giving up all activities of this life,
May I never be apart
From the ultimate dharmakaya guru.

rang-döṅ zhi-dè lo pang nè
kha dang nyam-pè dro-wa nam
dak-ki tsè-wè jè-zung nè
t’ar-pè lam-la gö par sho

Giving up the selfish attitude focused on my own peace and happiness,
Taking all beings as limitless as space
Under my affectionate care,
May I establish them on the path to liberation!

Ultimate Supplication

lama chö-ku rang-sem dak-par dzok
rang-ngo shè di döṅ-ki sol-dep chok
nang-si kun-kyang lamè rölpa tè
t’ar-tuk ku-sum lama drup par sho

The dharmakaya guru is complete within my own pure mind.
To recognize my nature is the supreme, essential supplication.
The whole phenomenal world is the display of the guru.
May I realize the ultimate trikaya guru.
A Small Song of Yearning: 
Calling the Lama From Afar

lama khyen-no lama khyen-no
du-sum sang-gyè ki ngowo drin-chen tsawè lama
drupwang dorjè chang chen khyen-no
khyen-no lama khyen-no

Lama, hear me! Lama, hear me! 
Essence of the Buddhas in the threefold times,
Kind root guru, greatest Vajradhara.
Lord of siddhas, hear me! Hear me! Lama, hear me!

Bless me to cut the ties, the eight concerns.
Bless me not to cling to any friend.
Bless me to let this bias subside naturally.
Bless me to cut the ties, the eight concerns.

Bless this child to take her/his father's footsteps.
Bless that mind and wind
Bless me to see that knowing one frees everything.
Bless me not to accumulate a lot of worldly goods.
Bless me to live alone in mountain dwellings.
Bless me to set ablaze the tummo’s blissful warmth.
Bless me to turn this magic body into the form of the deity.
Bless me to see my dreams as lucid wakefulness.
Bless me to free the bardo into the three kayas.
Bless me to see the sameness Mahamudra.
Bless me to yield this body as an offering or gift.

Bless me to solve the most vital instruction.
Bless me to see that knowing one frees everything.
Bless this child to follow the father’s footsteps.
Bless that mind and wind enter the dhuti’s path.

Bless me that channels and winds are pliable.
Bless me to realize the view of trekchö.
Bless me to gain certainty in tögal.
Bless me to realize the end of concepts as dharmakaya.
tri-wa tsen t’ab su chö-par jin ji lop
sang-gyè rang lè nyè-par jin ji lop
ma-tok drowa dren-par jin ji lop
lok-tok chö-min drel-war jin ji lop

Bless me that all clinging is immediately cut.
Bless me to find the Buddha within myself.
Bless me to guide the beings who have failed to see.
Bless me to free those whose misconceptions clash with Dharma.

Bless me to benefit those connected to me.
Bless me to churn samsara from its depths.
Bless me that my body ripens into the deity.
Bless me to depart in a rainbow body of light.
Lama, hear me! Lama, hear me!

To obey the explicit command of Her Majesty Dechen Drönma, this supplication was written down in a couple of moments as it arose in the mind of an old mendicant who bears the name Gana.

A Vajra Song by Drubwang Tsoknyi Rinpoche I

ma-yèng ma-yèng dren-pè gyang-so tsuk
yèng-pè lam la dù-ki jakpa yò
chak dang shen-pè sem-dè dù yin pè
nyi-dzin kun-drel gyu-mè ngowor tö
kadak ma-chö rang-sem ngön-gyur nè
sang-gyê shen-na mè-dô rang shel tö
shen nè tsöl-gyu mè-dô rang sar sho
ma-gom lhun-drup yin pè gyal-sa zin

Don't wander, don't wander, place mindfulness on guard;
Along the road of distraction, Mara lies in ambush.
Mara is the mind, clinging to like and dislike;
So look into the essence of this magic, free from dualistic fixation.
Once your originally pure, uncontrived mind is revealed,
There is no buddha elsewhere; look at your own face.
There is nothing else to search for; rest in your own place.
Non-meditation is spontaneous perfection, so capture the royal seat.

Request for the Teacher to Remain as the Vajra Body, Speech and Mind

om amarani dzi wendiye soha
nang-tong de-chen shom-mè dorjè ku
tsen pè lang-tso rab-gyê gyal-kun gyi
ngo-tsar chi-zuk kang-dûl trul-pè ku
gyur-mè ku-i dorjè zhap-ten sol

Your indestructible vajra body of great bliss, visible and yet empty,
Fully adorned with the youthfulness of the major and minor marks,
Is the marvelous embodiment of the victorious ones, a nirmanakaya to teach beings.
May your life be firm as the unchanging vajra body.

drak-tong gak-pa mèpa dorjè sung
yen-lak druk-chu zab-sang chö ki dra
dro-lö sam-pa shin tön long-chö dzok
gak-mè sung ki dorjè zhap-ten sol

Your unobstructed vajra speech, audible and yet empty,
Voice of the profound and secret teachings, endowed with sixty qualities,
Is the sambhogakaya manifested to accord with the inclination of beings.
May your life be firm as the unceasing vajra speech.
Drubwang Tsoknyi Rinpoche’s Long-Life Supplication

by Adeu Rinpoche (long version)
p’o-mê yêshê ku nyê dêwar shek
lu-mê chok-sum rabjam gyalwa dang
chi-mê tsê-yi pal ter chok nam ki
gyur-mê dorjê jin-lap pal tsôl dzô
ngak ki wang-chuk mê-jung t’uk jê ter
tsok-nyi t’ar-son yonten gyan-tsö chi
khyen-tsê norbu dri-ma mêpê tok
dôn-gyû nying-pô gyal-ten ngön t’o tsêr
zi-jin bar-war shap-pê tak ten sol
tso-shê shom-drel dorjê kham su ling
p’en dê pal kun sam-p’êl wang tar jo
lek-dzê trinlê gek-mê tak ching khyab
p’un-tsok gêlêk lhun-ki drup gyur chik

Sugatas who have realized the unceasing wisdom body,
Undeceiving three jewels, all-encompassing Conquerors,
Eminent ones who grant the glorious treasure of immortal life,
Bestow the splendor of immutable vajra blessings.

Lord of speech, treasure of exceptional compassion,
The two accumulations completed, you are an ocean of resplendent qualities,
And the immaculate crown jewel of wisdom and love.
At the lofty summit of the victory banner of the essence lineages of absolute truth,
In blazing and majestic brilliance, may your life be long and stable!

Please remain alive, as firm as the indestructible vajra nature.
May your splendor of benefit and welfare be like a wish-fulfilling gem.
May your excellent activity be unbound, eternal and pervasive.
May you spontaneously bring about perfect virtue and goodness.

While staying at the seat of the current manifestation of the Lord of Yogins, Tsoknyi Rinpoche, III
and at the urging of Tse Gonpa’s umdze Rabphel, and Ki Gompa’s nuns Jamyang Dedron,
Zilnon Chodron and Sherab Zangmo, the one called Trulzhig the Eighth (Adeu Rinpoche)
composed this prayer of supplication and aspiration in an interval between sessions of making
amrita medicine. May virtue and goodness increase!

Heart Mantra of Vajrasattva

om benza sato ah
One-Hundred Syllable Mantra of Vajrasattva

om benza sato samayam anu palaya.
benza sato teno pa tishta dridho me bhava
suto kayo me bhava supo kayo me bhava
anu rakto me bhava sarva siddhi me prayatsa
sarva karmasu tsa me chittam shreya kuru hung
ha ha ha ha hoh
bhagavan sarva tathagata benza ma me muntsa
benzi bhava maha samaya sato ah

Prayer to Protectress Dorje Yudronma

In primordial purity and wisdom free from elaborations
Is the luminous awareness Dorje Yudrönma.
Accompanied by her retinue, the unceasing expression of awareness,
We supplicate and make offerings. Accomplish our desires as wished!