**Health Care Services in the Crestone Area (2022)** Online: <https://tsoknyirinpoche.org/retreats/health/> or scan the QR code ->

In case of a **medical emergency**, **dial** **911**. Ambulance services will take you to the ***SLV Regional Medical Center***in Alamosa.

**Major health providers in the area:**

* ***San Luis Valley Health (SLV)* (**<https://www.sanluisvalleyhealth.org/>)
* ***Valley Wide Health Systems (VWH)*** (<https://valley-widehealth.org/>)
* ***Heart of the Rockies Regional Medical Center (HRRMC)*** (<https://www.hrrmc.com/>)

**Regional Hospitals and Acute Care Facilities**

***SLV Regional Medical Center,*** 106 Blanca Avenue***,*** Alamosa: (719) 589-2511, 1-hour drive

<https://www.sanluisvalleyhealth.org/locations/regional-medical-center/>

***HRRMC Salida Hospital,*** 1000 Rush Drive**,** Salida(719)-530-2200, 1-hour 10-minute drive

<https://www.hrrmc.com/locations/heart-of-the-rockies-regional-medical-center-mai/>

***VWH Convenient Care Community Clinic,*** 1131 Main St,Alamosa***:*** (719) 589-2562, 1-hour drive

<https://valley-widehealth.org/valleywide-locations/convenient-care-community-clinic/>

*Walk-in Acute Care Facility (Not Urgent Care)*

**Local Clinics**

***VWH Moffat Family Health Center,*** 545 Moffat Way,Moffat (719) 256-4025, 20-minute drive

<https://valley-widehealth.org/valleywide-locations/moffat-family-health-center/>

***HRRMC Saguache County Clinic,*** 405 Denver Ave,Saguache (719) 655-2531, 45-minute drive

<https://www.hrrmc.com/health-centers/hrrmc-saguache-health-center/>

**Regional Clinics**

* ***VWH Alamosa Family Medical Center*,** 1710 1st Street, Alamosa (719) 589-3658 ([link](https://valley-widehealth.org/valleywide-locations/alamosa-family-medical-center/))
* ***VWH Sierra Blanca Medical Center***, 106 Blanca Ave, Alamosa (719) 589-3658 ([link](https://valley-widehealth.org/valleywide-locations/sierra-blanca-medical-center/))
* ***HRRMC Salida Health Center***, 550 W US 50, Salida (719) 539-2375 ([link](https://www.hrrmc.com/health-centers/hrrmc-salida-health-center/))
* ***SLV Stuart Avenue Clinic***, 2115 Stuart Ave, Alamosa(719) 589-8082 ([link](https://www.sanluisvalleyhealth.org/locations/stuart-avenue-clinic/))

**Pharmacies**

**Walmart,** Alamosa (719) 589-9021 **City Market,** Alamosa (719) 589-6656

**Walgreens,** Alamosa (719) 589-3165  **Safeway**, Alamosa (719) 587-3076

**Safeway**, Salida (719) 539-6933 **Salida Pharmacy & Fountain**, Salida (719) 530-4790

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**For local alternative health care providers**, please consult the Crestone Eagle newspaper ads