

The Special Teaching of Khepa Shri Gyalpo ***Three Words Striking the Vital Point***

By Patrul Rinpoche

Homage to the guru.

The view is *Longchen Rabjam* (Infinite Great Expanse).

The meditation is *Khyentse Oser* (Light Rays of Knowledge and Love).

The action is *Gyalwey Nyugu* (Son of the Victorious Ones).

For the one who practices in this way,

There is no doubt about enlightenment in one lifetime.

But even if not, there is still happiness - *a la la*.

The view, *Longchen Rabjam*, is as follows:

To hit the vital point with the three lines,

First, let your mind rest loosely.

Without projecting, without concentrating – without thoughts.

While relaxed and remaining evenly in that state

Suddenly exclaim a mind-shattering **PHAT**

Forceful, short and sharp -- emaho!

Nothing whatsoever -- totally blank.

A blankness which is utterly open.

A total openness which is indescribable.

Recognize this as the dharmakaya awareness.

To recognize your nature; that is the first vital point.

After this, whether you are thinking or still,

Whether you are angry or attached, happy or sad,

At all times and on all occasions

Acknowledge the recognized dharmakaya

And let the child luminosity unite with the already known mother.

Rest in the state of inexpressible awareness.

Destroy again and again stillness, bliss, clarity and thinking.

Let the syllable of knowledge and means suddenly strike down.

No difference between meditation and post-meditation.

No division between sessions and breaks.

Rest continuously in the undivided state.

However, as long as you have not attained stability,

It is essential to practice giving up distractions.

Divide your meditation into sessions.

At all times and in all situations

Maintain the single continuity of dharmakaya.
Resolve that there is nothing other than this.
To decide on one thing; that is the second vital point.

At this time, your likes and dislikes, joys and sorrows
And all your passing thoughts without exception
Leave no trace in the state of recognition.
By recognizing dharmakaya in what is liberated,
As in the analogy of drawing on water,
There is unceasing self-occurring self-liberation.
Whatever occurs is fresh food for the empty awareness.
Whatever is thought is an expression of the dharmakaya king,
Traceless and naturally free -- a la la.
The way thoughts occur is the same as before,
But the way they are freed is the most special key point.
Without this, meditation is but the path of confusion.
Possessing it is the uncultivated state of dharmakaya.
To gain confidence in liberation; that is the third vital point.

This view endowed with three vital points,
And the meditation of combined knowledge and compassion,
Is aided by the general action of the sons of the victorious ones.
Even if the victorious ones of the three times were to confer together,
They would have no oral instruction superior to this.
The dharmakaya treasure revealer of awareness-display
Discovered this as a treasure from the expanse of knowledge.
It is unlike extracts of earth and stone.
It is the testament of *Garab Dorje*.
It is the heart essence of the three lineages.
It is entrusted with secrecy to heart disciples.
It is the profound meaning and words from the heart.
It is words from the heart, the essential meaning.
Do not let the essential meaning fade away.
Do not let the instruction dissipate.
This was the special teaching of *Khepa Shri Gyalpo*.

Translated by Erik Pema Kunsang