

**Crestone Open Retreat - “Stillness With Movement”**  
**August 19 – August 25, 2025**

*Schedule changes will be announced in daily announcements and posted in the tent foyer. All teachings, group practices, recaps, and small groups are held in the tent.*

**Day 1 (August 19)**

<b>3:00 - 4:00 pm</b>	<b>On-site check-in at Yeshe Rangsal tent</b>
<b>4:30 - 5:00 pm</b>	<b>Retreat Orientation</b>
<b>5:15 - 6:45 pm</b>	<b>Teaching with Tsoknyi Rinpoche</b> <i>(Please be seated by 5:05)</i>

**Days 2 - 6 (August 20, 21, 22, 23, 24)**

<b>5:00 - 6:30 am</b>	<b>Early Morning Individual Practice</b>
<b>7:30 - 8:20 am</b>	<b>Group Practice</b>
<b>8:30 - 9:20 am</b>	<b>Group Practice</b> <i>(Please return to the tent and be seated by 9:45)</i>
<b>9:50 - 10:00 am</b>	<b>Daily Announcements</b>
<b>10:00 - Noon</b>	<b>Teaching with Tsoknyi Rinpoche</b>
<b>12:10 - 1:10 pm*</b>	<b>Small Group Audience *Often runs long</b>
<b>3:30 - 4:30 pm</b>	<b>Teaching Recap with Scott Tusa</b>
<b>4:40 - 5:30 pm</b>	<b>Group Practice</b>
<b>5:40 - 6:30 pm</b>	<b>Group Practice</b>
<b>8:30 - 10:00 pm</b>	<b>Individual Practice</b>

**Additions to the Evening Schedule**

<b>Day 6 - August 24</b>	<b>7:00 - 8:30 pm - Movie Night - “Blessings”</b>
--------------------------	---

**Day 7 (August 25)**

<b>5:00 - 6:30 am</b>	<b>Early Morning Individual Practice</b>
<b>7:40 - 8:30 am</b>	<b>Group Practice</b>

*(Please return to the tent and be seated by 8:45)*

**8:50 - 9:00 am**

**Daily Announcements**

**9:00 – Noon**

**Teaching with Tsoknyi Rinpoche and  
Heart Offering Ceremony**

**12:00 pm - 2:00 pm**

**Social Gathering at Teaching Tent**

*(A chance to talk and catch up with friends, new and old.*

*Light refreshments will be served.)*