

**Open Retreat
Garrison Institute
September 5 - 11, 2025**

Schedule changes will be announced in daily announcements and posted in the foyer. All teachings, group practices, recaps, and small groups are held in the meditation hall.

Day 1 (Sept 5)

3:00 - 6:00 pm	On-site check-in at Main Hall Foyer
6:00 - 7:15	Dinner (Dining Hall) Garrison orientation
7:15 - 7:30	Retreat Orientation in Main Hall Shrine Room
7:30 - 9:00	Teaching with Tsoknyi Rinpoche

Days 2 - 5 (Sept 6, 7, 8, 9)

6:00 am	Shrine room opens
7:00 - 7:50	Group Practice
8:00 - 9:30	Breakfast
9:45 - 10:00	Announcements
10:00 - 11:30	Teaching with Tsoknyi Rinpoche
11:45 am - 12:45 pm	Small Group Audience
12:30 - 2:00	Lunch
3:00 - 3:45	Group Practice
4:00 - 5:30	Teaching with Tsoknyi Rinpoche
6:00 - 7:30	Dinner
7:45 - 8:45	Teaching Recap with Scott Tusa

Day 6 (Sept 10)

7:00 - 7:50 am	Group Practice
8:00 - 9:30	Breakfast
9:30 - 11:00	Teaching with Tsoknyi Rinpoche
12:00 - 1:30 pm	Lunch
2:00 - 2:50	Group Practice
3:00 - 6:00	Final Teaching and Heart Offering Ceremony
6:00 - 7:30	Dinner
7:45 - 8:45	Film Night - "Blessings" (theatre)

Departure Day (Sept 11)

7:00 - 7:45 am	Group Practice
8:00 - 9:30	Breakfast (check out of bedrooms by 9 am)
9:30 - noon	Free time and departure