



*Simply let experience take place very freely,  
so that your open heart is suffused with the  
tenderness of true compassion.*

~ Tsoknyi Rinpoche



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## Ordinary Refuge and Bodhicitta

༄༅། ། ສର୍ଵାକ୍ଷରହକ୍ଷମନ୍ଦହକ୍ଷମଶ୍ରୀପହକ୍ଷମଶ୍ରୀବ୍ୟା ପ୍ରଦତ୍ତବ୍ସବନ୍ଦନ୍ତବନ୍ଦନାର୍ଥିଶ୍ଵରବନ୍ଦନାଶୁମକ୍ଷି ବନ୍ଦନା  
ଶୀଳଶ୍ଵରହକ୍ଷମଶ୍ରୀବନ୍ଦନ୍ତବନ୍ଦନାର୍ଥିଶ୍ଵରବନ୍ଦନାଶୁମକ୍ଷି ପ୍ରଦତ୍ତବ୍ସବନ୍ଦନ୍ତବନ୍ଦନାଶୁମକ୍ଷି॥

sang-gyè chö dang tsok-ki chok nam la  
jang-chup bardu dak-ni kyabsu chi  
dak-ki jin-sok ki pè sonam ki  
drola p'en chir sang-gyè drup-par sho

*In the Buddha, the Dharma and the supreme Sangha  
I take refuge until enlightenment.*

*By the merit of practicing the paramitas  
May I attain buddhahood for the benefit of all beings.*

## Special Refuge

༄༅། ། ନାମୋ ଦ୍ୱାରା ପରମାପଦହକ୍ଷମଶ୍ରୀଶ୍ଵର ଏବଂ ବନ୍ଦନାର୍ଥିଶ୍ଵରବନ୍ଦନାଶୁମକ୍ଷି  
ଶୁଭାକ୍ଷରହକ୍ଷମଶ୍ରୀଶ୍ଵରବନ୍ଦନାଶୁମକ୍ଷି ପ୍ରଦତ୍ତବ୍ସବନ୍ଦନ୍ତବନ୍ଦନାଶୁମକ୍ଷି  
namo ngowo tongpa chö ki ku  
rang-shin selwa long-chö dzok  
t'uk jè na-tsok trul-ku la  
jang-chup bardu kyabsu chi

*Namo. The empty essence, dharmakaya;  
The lucid nature, sambhogakaya;  
And the manifold compassionate energy, nirmanakaya;  
In these I take refuge until enlightenment.*

## Four Boundless States

༄༅། ། ଶିବନ୍ଦିତବ୍ସବନ୍ଦନ୍ତବନ୍ଦନାର୍ଥିଶ୍ଵରବନ୍ଦନାଶୁମକ୍ଷି ଶୁଭାକ୍ଷରହକ୍ଷମଶ୍ରୀଶ୍ଵରବନ୍ଦନାଶୁମକ୍ଷି  
ଶୁଭାକ୍ଷରହକ୍ଷମଶ୍ରୀଶ୍ଵରବନ୍ଦନାଶୁମକ୍ଷି ଶୁଭାକ୍ଷରହକ୍ଷମଶ୍ରୀଶ୍ଵରବନ୍ଦନାଶୁମକ୍ଷି  
ଶୁଭାକ୍ଷରହକ୍ଷମଶ୍ରୀଶ୍ଵରବନ୍ଦନାଶୁମକ୍ଷି ଶୁଭାକ୍ଷରହକ୍ଷମଶ୍ରୀଶ୍ଵରବନ୍ଦନାଶୁମକ୍ଷି  
ଶୁଭାକ୍ଷରହକ୍ଷମଶ୍ରୀଶ୍ଵରବନ୍ଦନାଶୁମକ୍ଷି॥

sem-chen tam-chè dèwa dang dèwè gyu-dang denpar gyur chik  
du-ngal dang du-ngal gi gyu dang drel-war gyur chik  
du-ngal mèpè dèwa dang mi-drel-war gyur chik  
chak-dang nyè-ring dang drelwar tang-nyom chenpo la nè-par gyur chik

*May all beings be happy and have the causes of happiness.*

*May they be free from suffering and its causes.*

*May they never lose the happiness free from sorrow.*

*May they be free from attraction, aversion and partiality, and remain in great equanimity.*

## Special Bodhicitta

༄༅། ། གྱଶନା ପକେତ୍ ଦେଶନେ ଶୁଣୁ ମା ଗୁରୁ ପବଦ ସୁଧାନ୍ତିଷ ଯନଃ ଶୁଣମେଦିଲି ପିତ୍ରି ଯଶ ପୁରୁଷିଦ ଦେହି  
ଶଶୀ ଯକୁଣାନଃ ହେ ମାତ୍ରମନ୍ତରୀ ଦେହୀ ଯମ ମୁଖରଃ ଶଦ୍ଵା କ୍ରୂଷା ଶାୟ ଯଗ୍ନି ଦେହି ପିତ୍ରି  
ଶଶୀ ପକେତ୍ ଦେହି ମନ୍ତରମା ଶିଳାଃ ଶଦ୍ଵା କ୍ରୂଷା କ୍ଷୁଦ୍ରେ ଶଶୀ ପରିପ୍ରକାଃ

hoh kha-nyam drowa ma-lü pa  
sang-gyè sala kö-pè chir  
dzok-pa chenpö men-ngak ki  
rang-rik chö-ku tok-par ja

*Hoh. To establish every single being in numbers vast as space  
In the state of buddhahood,  
I will realize self-knowing awareness, the dharmakaya,  
Through the instructions of Dzogpa Chenpo.*

## Mandala Offering

༄༅། ། ພାଶବିଶ୍ଵା କ୍ରୂଷା ମୁଣା କିରି ପୋ ହେ ଶଶୀ ଯନୁ ମନା ତ୍ରି ଦୟା ଶୁଣି ଦେହି ପିତ୍ରି ଶଶୀ ଯକୁଣା ଦେହି  
ଶଦ୍ଵା କ୍ରୂଷା କିରି ଦୁ ମନୀ ଶଶୀ ଯକୁଣା ଦେହି ପରିପ୍ରକାଃ

sa-shi pö-chu juk shing mètok tram  
ri-rap ling-zhi nyi-dè gyenpa di  
sang-gyè shing du mik tè bhul-war gee  
dro-kun nam-dak shing la chö-par sho

*I anoint this base with perfumed water and sprinkle it with flowers.  
Adorned with Mt. Meru, the four continents, the sun and moon,  
I visualize it as a buddha realm and offer it.  
May all beings enjoy this perfect realm.*

## Requesting the Teacher to Give Teachings

༄༅། ། ଶିଖନା ତତ୍ତ୍ଵମନ୍ତରୀ ସମାଧାନା ତ୍ରି ପିତ୍ରି ପ୍ରେସା ଦେହି ମୁଖୀ ଯମା  
କ୍ଷେତ୍ରମେଦିଲି ବେଶା ଦ୍ୟା ପିତ୍ରି ପିତ୍ରି ଶଶୀ ଯକୁଣା ଦେହି ପରିପ୍ରକା॥

sem-chen nam ki sampa dang  
lo-yi jè-trak ji ta war  
chè-chung t'un-mong t'ek pa yi  
chö-ki khorlo kor du sol

*According to sentient beings' dispositions  
And specific mental capacities,  
Please turn the Dharma wheel  
Of the greater, lesser or common vehicles.*

## Dedication of Merit

༄༅། ། མନ୍ତ୍ରକାମଶାଖଦିଷ୍ଟିଷାସମଶକଦିଷ୍ଟିଷାପଦିଷ୍ଟିଦା ଶିରବରଶାନ୍ତିଷାପଦିଷ୍ଟିଦଶାକମଶାଧମପୁରଶାକଶା  
ଶ୍ଵରଶାରହିଷିଷନ୍ତମଶାଯନ୍ତମଶାଯନ୍ତମଶାଯନ୍ତମଶାଯନ୍ତମଶା

sö-nam di-yi t'am-chè zik-pa nyi  
t'ob nè nyè-pè dra-nam p'am chè nè  
kyè ga na chii ba-lap truk-pa yi  
si-pè tso-lè drowa dröl-war sho

*By this merit, may omniscience be attained,  
And may the adversary, kleshas, be conquered.  
From the ocean of samsara, with its stormy waves of birth, old age, sickness and death,  
May all sentient beings be freed.*

## Aspirations

༄༅། ། ପ୍ରଦର୍ଶନଶିଷ୍ଟମଶାମକ୍ଷେତ୍ରପଦିଷ୍ଟିକୋ ମୁଣ୍ଡିଷାପଦକମଶାଶ୍ଵରତ୍ତିଷା  
ଶ୍ଵରଶାଯନ୍ତମଶାଯନ୍ତମଶା

jang-chup sem-chok rinpoche  
ma-kyè panam kyè-gyur chik  
kyè-pa nyam pa mèpar yang  
gong-nè gongdu p'el-war sho

*May the precious bodhichitta  
Arise where it has not arisen;  
And where it has arisen, may it not diminish,  
But increase further and further.*

༄༅། ། ଶ୍ଵରତ୍ତିଷାପଦିଷ୍ଟିକୋ ମୁଣ୍ଡିଷାପଦକମଶାଶ୍ଵରତ୍ତିଷା  
ଶ୍ଵରଶାଯନ୍ତମଶାଯନ୍ତମଶା

tong-nyi ta-wa rinpoche  
ma-kyè panam kyè-gyur chik  
kyèpa nyam pa mèpar yang  
gong-nè gongdu p'el-war sho

*May the precious view of emptiness  
Arise where it has not arisen;  
And where it has arisen, may it not diminish,  
But increase further and further.*

4 ແລ | ສ්වේදායකේමද්ධිඛජ්පෑ | මූල්‍යාත්‍යමාත්‍රාත්‍යුත්‍ය  
| ස්වේදාත්‍යමාත්‍රාමද්ධාත්‍යාත් | මිත්තාත්ත්ව්‍ය්‍යුත්‍ය්‍යාත්

chö-pa tsè-mè rinpochè  
ma-kyè panam kyè-gyur chik  
kyè-pa nyam pa mèpar yang  
gong-nè gongdu p'el-war sho

*May the precious conduct of nonviolence  
Arise where it has not arisen;  
And where it has arisen, may it not diminish,  
But increase further and further*

## The Four Dharmas of Gampopa

ໝ | ສ්වේදාත්‍යාත්‍ර්‍ය්‍යාත්මිත්‍ය්‍යාත්මාත්‍ර්‍ය්‍යාත් | ක්‍රියාත්‍මාත්‍ර්‍ය්‍යාත්මිත්‍ය්‍යාත්මාත්‍ර්‍ය්‍යාත් |  
| ප්‍රස්‍රාථාත්‍යාත්මාත්‍ර්‍ය්‍යාත්මිත්‍ය්‍යාත්මාත්‍ර්‍ය්‍යාත් | ප්‍රස්‍රාථායිත්‍යාත්‍ර්‍ය්‍යාත්මාත්‍ර්‍ය්‍යාත්මාත්‍ර්‍ය්‍යාත් |

lo chö-su dro-war jin-ji lap tu sol  
chö lamdu dro-war jin-ji lap tu sol  
lam trulpa sel-war jin-ji lap tu sol  
trul-pa yèshè su char-war jin-ji lap tu sol

*Grant your blessings that our minds may follow the Dharma.  
Grant your blessings that the Dharma becomes the path.  
Grant your blessings that the path dispels confusion.  
Grant your blessings that confusion dawns as wisdom.*

## “Buddha of the Three Times”

### Supplication to Guru Rinpoche

ໝ | ດුෂාත්‍යමාත්තාත්‍ර්‍යාත්‍ර්‍ය්‍යාත්මිත්‍ය්‍යාත් | දුෂාත්‍යමාත්‍ර්‍ය්‍යාත්‍ර්‍ය්‍යාත්මිත්‍ය්‍යාත් මත්තද්‍යා  
තුෂ්‍ණීත්‍යාත්‍ර්‍ය්‍යාත්මිත්‍ය්‍යාත් | ප්‍රස්‍රාථාත්‍ර්‍ය්‍යාත්මිත්‍ය්‍යාත්මාත්‍ර්‍ය්‍යාත් | ප්‍රිත්‍යාත්‍යාත්මිත්‍ය්‍යාත් |  
මත්තද්‍යාත්‍ර්‍ය්‍යාත් | මත්තද්‍යාත්‍ර්‍ය්‍යාත්මිත්‍ය්‍යාත් |

du-sum sang-gyè guru rinpochè  
ngö-drup kundak dèwa chen-pö zhap  
bar-chè kunsel dü-dül drak-po tsal  
söl-wa debso jin-ji lap tu sol  
chi nang sang-wè barchè zhi-wa dang  
sampa lhun ki drup-par jin ji lop

*Guru Rinpoche, Buddha of the three times,  
Lord of all siddhis, embodiment of great bliss,  
Dispeller of all obstacles, wrathful tamer of Mara,  
We supplicate you. Please grant your blessings!*

Bless us that outer, inner and secret obstacles subside  
And our wishes are spontaneously accomplished.

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## Long-Life Prayer for His Holiness 14<sup>th</sup> Dalai Lama

ཇட්ස'රු'ං'ස'යු'න'යු'ද'බි'ඣ'යු'ං'ය'ද' එ'භ'ං'ය'ද'ය'ම'යු'න'යු'ද'ය'ඩ' ගු'ං'ස' මු'ං'ස'ය'ද'ය'න' යු'ං'ස' පු'ං'ස'ය'ද'ය'න' රු'ං'ස'ය'ද'ය'න'

kang-ri ra-wè korwè shing-kham dir  
p'en dang dèwa ma-lü jung-wè nè  
chen-rè zik wang tenzin gyatso yi  
shap-pè si t'è bardu ten gyur chik

*In this pure land surrounded by snowy mountains  
You are the source of all benefit and happiness.  
Avalokiteshvara, Tenzin Gyatso,  
May your life stay firm until the end of existence.*

## Drubwang Tsoknyi Rinpoche's Long-Life Supplication by Adeu Rinpoche (short version)

ත්‍රු'ං'ස'ය'ද'ය'න' මු'ං'ස'ය'ද'ය'න' උ'ං'ස'ය'ද'ය'න' මු'ං'ස'ය'ද'ය'න' ඉ'ං'ස'ය'ද'ය'න' පු'ං'ස'ය'ද'ය'න' උ'ං'ස'ය'ද'ය'න'

gyal-kun t'uk jè yèshè chik dù zuk  
mè-jung khyen-nyi jinlap chok gi ter  
tsok-nyi gyam-tsö zhap-pè takten sol  
dak-gyü jinlop ku-zhi ngön-gyur sho

*Embodiment of the compassionate wisdom of all the Conquerors,  
Treasure of the supreme blessings of exceptional two-fold omniscience,  
Tsoknyi Gyatso, I pray that your life be long and stable.  
Please bless my being to realize the four kayas.*

## The Seven-line Supplication to Guru Rinpoche

ඉ'ං'ස'ය'ද'ය'න' මු'ං'ස'ය'ද'ය'න' උ'ං'ස'ය'ද'ය'න' පු'ං'ස'ය'ද'ය'න' ඉ'ං'ස'ය'ද'ය'න' උ'ං'ස'ය'ද'ය'න' පු'ං'ස'ය'ද'ය'න'

hung  
orgyen yul ki nub-jang tsam  
pema gè-sar dong-po la

yam-tsen chok-ki ngö-drup nyè  
pema jung-nè shè su drak  
khor du khadro mang-pö kor

khyè ki jè-su dak drup ki  
jin-ji lap chir shèk su sol  
guru pèma siddhi hung

*Hung! On the northwest border of Uddiyana,  
In the heart of a lotus flower,  
Endowed with the marvelous supreme siddhi,  
Renowned as the Lotus Born,  
You are surrounded by many dakinis.  
I will follow in your footsteps.  
Please come and grant your blessings!  
Guru Pema Siddhi Hung*

### Kunzang Dorsem General Lineage Supplication

गुन्जं यज्ञदर्शकं शिवां दग्धं रम्भं श्रीं शिवं । प्रह्लादं गृहं देवदेवं त्रिंशुं शुभं । श्रीं शुभं दग्धं वतुषां  
शतशां गतिं शृङ्कं शृङ्कं शृङ्कं शृङ्कं । विग्रहं गतिं शृङ्कं शृङ्कं शृङ्कं शृङ्कं शृङ्कं शृङ्कं शृङ्कं शृङ्कं ॥

kun-zang dor-sem ga-rab shi-ri seng  
pèma ka-ra jè-bang nyi-shu nga  
so zur nûb nyak ter-tön gya-tsa sok  
ka-ter lama nam-la sol wa dep

*Samantabhadra, Vajrasattva, Garab Dorje and Shri Singha,  
Padmakara, King and subjects—the twenty-five disciples—  
So, Zur, Nub, Nyag, the hundred tertons and others,  
All gurus of kama and terma, I supplicate you.*

### Damdzin Namtrül, Supplication to the Chokling Tersar Lineage

दम्द्जिनं नाम्त्रुलं चोक्लिंगं तेर्सारं लिंगं बिमां नगों जों जाम्यांगं क्षेंट्से वांगं बेरों नगों नांगं लोद्रों ताये डे चेन्रें जिक वांग्पों ।

dam-dzin nam-trul chokgyur dèchen ling  
bima ngö-jön jamyang khyentsé wang  
bè-ro ngö-nang lodrö t'ayè dè  
chen-rè-zik wang khakyab dorjè tsal

*Manifestation of Damdzin, Chokgyur Dechen Lingpa.  
Vimalamitra appearing in person, Jamyang Khyentse Wangpo.*

*Vairotsana really manifest, Lodrö Taye.*

*Avalokiteshvara Kakyab Dorje.*

ਕੁਦਾਚਿਹਨੈਲ੍ਲਾਵਾਹਕੇਨਵਾਸਾ ਪਾਧੁਲ੍ਲਾਵਿਲ੍ਲਾਵਾਹਕੇਨਵਾਸਕੰਤੁਸ਼ੁਦੀਖੈ।  
ਅਨੁਕੋਦਿਯਵਾਸਕੇਨਵਾਸਿ॥ ਭਰਮਲ੍ਲੇਵਾਸਕੇਨਵਾਸਿ॥

gyal-po dza yi gyu-trul tsèwang drak  
yu-drè trul-pa tsèwang norbü dè  
shi-tsö yang-trul khenchen ratna jè  
nam-nying rol-gar dharma ratnè zhab

*Magical display of King Jah, Tsewang Drakpa.*

*Incarnation of Yudra Nyingpo, Tsewang Norbu.*

*Reincarnation of Shantarakshita, lord Mahapandita Ratna.*

*Display of Namkhai Nyingpo, venerable Dharma Ratna.*

ਸਾਕਾਕੁਦਾਚਿਹਨੈਲ੍ਲਾਵਾਹਕੇਨਵਾਸਾ ਪਾਧੁਲ੍ਲਾਵਿਲ੍ਲਾਵਾਹਕੇਨਵਾਸਕੰਤੁਸ਼ੁਦੀਖੈ॥  
ਅਨੁਕੋਦਿਯਵਾਸਕੇਨਵਾਸਿ॥ ਭਰਮਲ੍ਲੇਵਾਸਕੇਨਵਾਸਿ॥

tsogyal tsal-nang sukha dharma dang  
p'ak-mè jin-lap ratna shri dang  
bi-ma ngö-nang samten gyamtsö shab  
nang-shi t'ar-chin chimè dorjè tsal

*Manifestation of Yeshe Tsogyal, Sukha Dharma.*

*Blessed by Arya Tara, Ratna Shri.*

*Vimalamitra manifest in person, Samten Gyatso.*

*Perfector of the four visions, Chime Dorje.*

ਕੁਦਾਚਿਹਨੈਲ੍ਲਾਵਾਹਕੇਨਵਾਸਾ ਪਾਧੁਲ੍ਲਾਵਿਲ੍ਲਾਵਾਹਕੇਨਵਾਸਕੰਤੁਸ਼ੁਦੀਖੈ॥  
ਅਨੁਕੋਦਿਯਵਾਸਕੇਨਵਾਸਿ॥ ਭਰਮਲ੍ਲੇਵਾਸਕੇਨਵਾਸਿ॥

zung-juk drup-pa sang-ngak rinpochè  
wangchok dorjè nam-trul tsèwang tsen  
jamgön lamè jè-zung khyentsè ö  
nè-luk ngön-gyur orgyen tsèwang drup

*Siddha of union, Sang-ngak Rinpoche.*

*Miraculous display of Wangchok Dorje, with the name Tsewang.*

*Accepted by Jamgön Lama, Khyentse Özer\**

*Realizer of the natural state, Urgyen Tsewang Chokdrub\*\**

\*Kyabje Dilgo Khyentse Rinpoche

\*\*Kyabje Tulku Urgyen Rinpoche

ਤੁਮਨੁਹਾ ਮਾਸਿ ਰੇਵਿ ਪ੍ਰੇਵਾ ਧਾ | ਮਿਤੁਦੁਸ਼ਾ ਵਾ ਕੋ ਸ਼ਾਂਕਿਆ ਸਾਂਖਾ ਵਹਿ ਵਾਨਾ |  
ਯਾਨਾ ਹੈ ਸਾ ਪ੍ਰੇਵਿ ਪ੍ਰੇਵਾ ਸਾ ਪ੍ਰੇਵਿ ਪ੍ਰੇਵਾ ਸਾ ਪ੍ਰੇਵਿ ਪ੍ਰੇਵਾ

tsa-gyü lama ser-ri treng-wa la  
mi-chè gü-pè tsè-chik sol dép na  
t'uk-jè jin-lap drup-nyi ngön-gyur sho

*With undivided devotion, I supplicate one-pointedly  
This garland of gold mountains, the root and lineage gurus.  
Bless me with your compassion; may the two siddhis be realized.*

## Supplication to Drubwang Tsoknyi Rinpoche by Adeu Rinpoche

ਕੁਏ ਗੁਰੁ ਬੁਨਾ ਹੈ ਰਿਧੀ ਵੇਖਾ ਮਾਂਕਿਆ ਵਾਨਾ ਸਾਂਖਾ | ਪ੍ਰੇਵਿ ਪ੍ਰੇਵਾ ਮਾਂਕਿਆ ਸਾਂਖਾ |  
ਪ੍ਰੇਵਿ ਪ੍ਰੇਵਾ ਸਾਂਖਾ ਕੁਏ ਮਾਂਕਿਆ ਵਾਨਾ ਸਾਂਖਾ | ਪ੍ਰੇਵਿ ਪ੍ਰੇਵਾ ਸਾਂਖਾ ਕੁਏ ਮਾਂਕਿਆ ਸਾਂਖਾ |

gal-kun t'uk-jè yeshè chik dü zuk  
mè-jung khyen-nyi jinlap chok ki ter  
tsok-nyi gyam-tsö zhap-la sol wa dep  
dak-gyü jinlop ku-zhi ngön-gyur sho

*Embodiment of the compassionate wisdom of all the Conquerors,  
Treasure of the supreme blessings of exceptional two-fold omniscience,  
Tsoknyi Gyatso, to you I supplicate.  
Please bless my being to realize the four kayas.*

## Supplications to the Root Guru

ਦੱਸਾ ਮੀਵ ਕੱਲ ਗੁਰੁ ਦ੍ਰਿੰਦਾ ਗੁਰੁ ਅਚੁ ਪ੍ਰਦਵਨਾ | ਕੁਝਾ ਸਾਂਖਾ ਮਾਂਕਿਆ ਕੁਝਾ ਗੁਰੁ ਸ਼੍ਰੀ ਦ੍ਰਿੰਦਾ |  
ਪ੍ਰਦਵਨਾ ਕੱਲ ਗੁਰੁ ਮਾਂਕਿਆ ਕੁਝਾ ਗੁਰੁ ਸ਼੍ਰੀ ਦ੍ਰਿੰਦਾ |

og-min chö-ki ying-ki p'o trang nè  
dusum sang-gyè kun-ki ngowo nyi  
rangsem chö-kur ngön-sum tön dzè pa  
tsa-wè lamè zhap-la sol wa dep

*From the dharmadhatu palace of Akanishtha,  
You actually reveal my mind as dharmakaya.  
Root guru, essence of all the buddhas of the three times,  
I supplicate at your feet!*

ਧਾਰਾਭੁਕੁ'ਵਦੇਸ਼'ਪਾਰਿਤੈਕੋ। ਏਨਾਗੀਖ੍ਰੀ'ਚੰਗੁਰੰਮਨਕ'ਵਕੁਸਾਧਾ॥  
| ਬਲਾਵ'ਵ'ਮੇਦ'ਪੰਚਾ'ਪਦ'ਵਕੁਸਾਧਾ'ਹੁਦਾ। ਜ੍ਰੂ'ਗਜੁਨ'ਸ਼ਗਸਾਹੁਨੰਦਨ'ਗੁ'ਗੁਨੰਗਾ॥

palden tsa-wé lama rinpoche  
dak-ki chi-wor pèmè den shuk la  
drel-wa mèpar takpar shuk-nè kyang  
ku sung t'uk ki ngö-drup tsal du sol

*Glorious precious root guru,  
Please always remain, without parting,  
On the lotus seat above my head,  
And grant me the siddhis of body, speech and mind.*

### The Staircase to the Brilliant Sumeru A Supplication to the Drukpa Kagyu Lineage Masters by Gyalwang Kunga Paljor

† ਪਕੁਨ'ਪਰੰਗੁਨੰਗਾ'ਹਦੇਵਾਸਾਵਿ'ਭੁਕੁ'ਵਦੇਸ਼'ਪਾਰਿਤੈਕੋ।  
ਤ੍ਰੁਦ੍ਵੰਦੁਕੁ'ਕੈਵ'ਸਤ੍ਰਿਤੁ'ਵਦੇਸ਼'ਪਾਰਿਤੈਕੋ। ਚਿੱਖ੍ਵੀ'ਵਕੁਹੁਨੰਦਨ'ਗੁਨੰਗਾ॥

dorjè chang chen khyen-pè kha-ying lè  
ti-li pani tokpè kyil-khor gyè  
naro pen-chen t'uk-jè özer tro  
gyüpa ma-rik münsel sum la dü

*In the expanse of the Great Vajradhara's wisdom,  
Tilopa's mandala of realization blooms,  
And Mahapandita Naropa radiates beams of compassion.  
I bow to these three lineage gurus who dispel the darkness of ignorance.*

ਮਰ'ਪ'ਵੱਤ੍ਰੁਕੁਕੋ'ਗੁਨੰਗਾ। ਏਨਕ'ਪਤ੍ਰੁ'ਕੈਵ'ਚੰਗੁਰੰਮਨ'ਵਕੁਸਾ॥  
| ਛਿੱਖ੍ਵੀ'ਵਕੁਹੁਨੰਦਨ'ਗੁਨੰਗਾ। ਪਕੁਨ'ਪ'ਵਦੇਵਾਸਾਹੁਨੰਗਾ॥

marpa lo-tsa chö-kyi gyamtso la  
zhèpa dorjè yi-shin norbu nyè  
da-ö shönnu gö-dö rè-wa kong  
gyüpa ngö-drup chok-ter sum la dü

*In Marpa Lotsawa's ocean of Dharma,  
Laughing Vajra<sup>1</sup> found the wish-fulfilling jewel,  
And Youthful Moonlight<sup>2</sup> fulfills all needs and wishes.  
I bow to these three lineage gurus who confer the supreme siddhi.*

འश්-මර්-භි-ක-කේ-ර-හු-ද-කු-න-ჵ්-ක-ෂි-ද-ය- | සි-ද-කේ-ර-ඩ-ස-ය-හු-ශ-ව-ස්-ඩ-ය-කු-න-  
| ද-ස-ය-හු-ශ-ව-ස්-ඩ-ය-කේ-ර-හු-ද-කු-න- | හු-ද-ක-ඩ-ස-ය-හු-ශ-ව-ස්-ඩ-ය-කු-න- ||  
dro-gön rin-chen jang-chub jön-shing la  
ling-chen repa lhak-sam lo-dap gyè  
palden drukpa trin-lè dre-bu min  
gyü-pa duk sum nè-sel sum la dü

*In the precious bodhi tree of the Protector of Beings<sup>3</sup>  
The foliage of Lingchen Repa's supreme aspiration blooms,  
And the fruits of the glorious Drukpa's<sup>4</sup> activity ripen.  
I bow to these three lineage gurus who cure the sickness of the three poisons.*

ස-ඩ-ස-කු-න-ඩ-ස-ඩ-ස-සු-ක-කේ-ග-ස-ය-ද-ස-ර-ය- | සි-ද-ඩ-ම-කේ-ර-ඩ-ස-ය-ද-කේ-ර-කු-න-  
| ක-කේ-ර-ඩ-ස-ඩ-ස-ඩ-ක-ඩ-කු-න-හු-ද-කු-න- | හු-ද-ක-ඩ-ස-ය-ද-ද-ඩ-හු-ද-සු-ද-ස-ය-ය-ද-ද- ||  
sang-gyè ön rè p'un-tsok gang-ri la  
sengè tsen chen dam-chö dü-tsi gyun  
chöjè khu ön zab-dön nyugu trung  
gyüpa gö-dö kun-jung sum la dü

*In Buddha Önre's snow mountain of complete excellence  
Is the stream of the Sacred Dharma amrita of those named senge,  
And the sprout of profound meaning is born in the Dharma Lord Khu Ön.  
I bow to these three lineage gurus, the source of all that is wished for.*

ඳ-ග-ස-කු-න-හු-ද-ස්-ඩ-ස-කු-න-ඡ-ම-ස-ර-ය- | හු-ද-ස-කු-න-ඩ-ස-ය-ර-ස-කු-න-ඡ-ම-ස-ර-ය-  
| ර-ක-ස-කු-න-ඡ-ම-ස-ර-ස-ක-ඩ-ස-ය-ර-ස-ක-ඩ-ස-ය- | හු-ස-සු-ම-ද-ට-ෂ-ස-ෂ-ක-ඩ-ස-හ-ස-ය-ද-ද- ||  
kar-gyü kun ki tsuk-gyen gampopa  
drup-gyü ten-pè sok shing tsa-ri-wa  
dön-gyü dampè nga-dak drukpè zhap  
nam-sum yer-mè chö-jè zhap la dü

*Gampopa, crown ornament of all the Kagyuś,  
Tsariva, vital pillar of the teaching of the practice lineage,  
Drukpa, sovereign of the instructions of the lineage of ultimate reality,  
I bow at the feet of the Dharma Lord, inseparable from these three.*

<sup>1</sup> Milarepa <sup>2</sup> Gampopa <sup>3</sup> Phagmo Drupa <sup>4</sup> Tsangpa Gyare

ਨ੍ਹੁਦਾਨ੍ਦਾਧੈ ਸੇਵਾਨਾ ਪਰੰ ਜ੍ਞਾਨੁ । ਇਗਸਾ ਪਾਮੇਦਾ ਵਾ ਸ਼ਨੁਦਾ ਸੀ ਪਕੱਗ  
। ਵ੍ਰਿਤੁ ਪਾ ਪਾਮੇਦਾ ਧੈ ਸੇਵਾ ਬੁਗਾਨੁ । ਇਵੈ ਪਰੰ ਜ੍ਞਾਨੁ ਦੁਸਾ ਪਾ ਵ੍ਰਿਤੁ॥

ying dang yèshè dak-pè ku  
gak-pa mèpa sung ki chok  
tr'ul-pa mèpa yèshè t'uk  
la-mè ku sung t'uk la dü

*The pure body is space and wisdom,  
The supreme speech is unimpeded,  
The wisdom mind is free of delusion,  
I bow to these—the guru's body, speech and mind.*

ਗੁਣਾਗੁਣਾ ਮਾਰੰਕਪਾ ਵ੍ਰਿਤੁ ਵਾ । ਤ੍ਰਿਗਸਾ ਸਵਾ ਵਨ੍ਦੁ ਵਾ ਪਕੱਗ ਪਰੰ ਜ੍ਞਾਨੁ ।  
। ਛੁਕ ਸਵਾ ਵ੍ਰਿਤੁ ਵਾ ਪਾ ਵਾ ਪਰੰ ਵ੍ਰਿਤੁ ਵਾ । ਗੁਣ ਪਾ ਪਿਲੁ ਵਾ ਵਨ੍ਦੁ ਵਾ ਪਾ ਵ੍ਰਿਤੁ॥

kun-khyab nam-khè nal jor pa  
chok-drel dèwa chen-pö long  
lhun drup dü-ma-chè pè ying  
kun-khyen drukpè zhap la dü

*All pervading sky-yogi,  
Expanse of impartial great bliss,  
Unconditioned spontaneously present inner space,  
I bow at the feet of the omniscient Drukpa.*

ਵਨ੍ਦਾ ਕੰਕੈ ਸਵਾ ਬਸਾ ਤਨ੍ਦੁ ਵਾ । ਹੁਣ ਪਾ ਪਿਲੁ ਵਨ੍ਦੁ ਵਾ ਕੰਕੈ ।  
। ਪਿਲੁ ਵਨ੍ਦੁ ਵਾ ਪਕੱਗ ਪਰੰ ਜ੍ਞਾਨੁ । ਹੁਣ ਪਾ ਗੁਣ ਚੁ ਪਕੱਗ ਪਾ ਵ੍ਰਿਤੁ॥

dak ni tsè-rab t'am-chè du  
dampa khyè dang mi-drel shing  
khyè sung dam-chö dü-tsi rö  
nam-pa kuntu tso-war sho

*In all my lives  
May I never be separated from you, sublime being,  
And always be nourished  
By the taste of your speech amrita, the sacred Dharma.*

ਕੁਪ ਪਦੈ ਵਖਾਗਾ ਪਦੈ ਸਾਤਾ ਕੁਮਾ ਜ੍ਞਾਨੁ । ਪਕੱਗ ਵਿਦੀਤੁ ਵਾ ਪਿਲੁ ਵਾ ਵਨ੍ਦੁ ਵਾ ।  
। ਹੁਣ ਵਾ ਪਕੱਗ ਜ੍ਞਾਨੁ ਵਾ ਵਨ੍ਦੁ ਵਾ । ਪਿਲੁ ਵਾ ਵਨ੍ਦੁ ਵਾ ਪਾ ਵਿਦੀਤੁ ਵਾ ਪਕੱਗ ਪਾ॥

gyal-wè ngak-pè nè nam su  
 tsè di ja-wa lö-tang nè  
 dön-dam chö-kü lama dang  
 nam-yang drel-wa mè-par sho

*In blessed places praised by the Buddha,  
 After giving up all activities of this life,  
 May I never be apart  
 From the ultimate dharmakaya guru.*

རང་දོན་གྱི་པད୍ଦେ་ସྔྱ བྱନ୍ଧନ୍ତୁ ଶକ୍ତିମାନଙ୍କୁ ପରିଚୟ କରିବାକୁ  
 ମଧ୍ୟମାନଙ୍କୁ ପରିଚୟ କରିବାକୁ ଏହା ପରିଚୟ କରିବାକୁ

rang-dön zhi-dè lo pang nè  
 kha dang nyam-pè dro-wa nam  
 dak-ki tsè-wè jè-zung nè  
 t'ar-pè lam-la gö par sho

*Giving up the selfish attitude focused on my own peace and happiness,  
 Taking all beings as limitless as space  
 Under my affectionate care,  
 May I establish them on the path to liberation!*

## Ultimate Supplication

ଶାମକ୍ଷଣ୍ୟରୁ ଶିଖନ୍ତାଦିଗୁରୁଙ୍କୁ ପରିଚୟ କରିବାକୁ  
 ଜ୍ଞାନଶିଦ୍ଧିଗୁରୁଙ୍କୁ ପରିଚୟ କରିବାକୁ ଏହା ପରିଚୟ କରିବାକୁ

lama chö-ku rang-sem dak-par dzok  
 rang-ngo shè di dön-ki sol-dep chok  
 nang-si kun-kyang lamè rölpa té  
 t'ar-tuk ku-sum lama drup par sho

*The dharmakaya guru is complete within my own pure mind.  
 To recognize my nature is the supreme, essential supplication.  
 The whole phenomenal world is the display of the guru.  
 May I realize the ultimate trikaya guru.*

## A Small Song of Yearning: Calling the Lama From Afar

ஓ| ଶା'ମ'କୁନ'ର୍ବଦ'ଶନୁନ'ପଦି'ନୁଦନ'କୁନ'ପରୁଣ'ଙ୍କ||  
ଶା'ମ'ମନ୍ତ୍ରେ'ର୍ବେ'। ଶା'ମ'ମନ୍ତ୍ରେ'ର୍ବେ' ନୁନ'ଶନୁମ'ନନ୍ଦନ'କୁନ'ଶ୍ରୀ'ର୍ବଦ'ଶ  
ହି'ନ'କେ'କ'ଶର୍ମ'ଶା'ମ' ଶୁନ'ନନ୍ଦନ'ହି'ନୁଦନ'କେ'କ'ମନ୍ତ୍ରେ'ର୍ବେ' ମନ୍ତ୍ରେ'ର୍ବେ' ଶା'ମ'ମନ୍ତ୍ରେ'ର୍ବେ'||

lama khyen-no lama khyen-no  
du-sum sang-gyè ki ngowo drin-chen tsawè lama  
drupwang dorjè chang chen khyen-no  
khyen-no lama khyen-no

*Lama, bear me! Lama, bear me!*  
*Essence of the Buddhas in the threefold times,*  
*Kind root guru, greatest Vajradhara.*  
*Lord of siddhas, hear me! Hear me! Lama, bear me!*

ନ୍ଯା'ଏଶନ'ପଦେ'ଧର'ଶ୍ରୀ'ଶକ୍ତିନାଥା| ନନ୍ଦନ'ଏ'ବୈଶ'ାମଦ'ଧର'ଶ୍ରୀ'ଶକ୍ତିନାଥା|  
ନ୍ଯା'ଶନ୍ତି'ର'ନନ୍ଦନ'ନି'ଧର'ଶ୍ରୀ'ଶକ୍ତିନାଥା| କଞ୍ଚନ'କୁନ'ର୍ବଦ'ଶନ୍ତି'ର'ନନ୍ଦନ'ଶ୍ରୀ'ଶକ୍ତିନାଥା||

dra la dang-wa mè-par jin ji lop  
nyen la zhen-pa mè-par jin ji lop  
dra-nyen rang-sar zhi-war jin ji lop  
chö-gyè triwa chö-par jin ji lop

*Bless me to hold no hatred for my enemies.*  
*Bless me not to cling to any friend.*  
*Bless me to let this bias subside naturally.*  
*Bless me to cut the ties, the eight concerns.*

କ୍ର'ର'ଲ'ଶନ'ନନ୍ଦନ'ମଦ'ଧର'ଶ୍ରୀ'ଶକ୍ତିନାଥା| ନନ୍ଦନ'ଏ'ବୈଶ'ାମଦ'ଧର'ଶ୍ରୀ'ଶକ୍ତିନାଥା|  
ଶନ୍ତି'ର'ନନ୍ଦନ'ନି'ଧର'ଶ୍ରୀ'ଶକ୍ତିନାଥା| ଶନ୍ତି'ର'ନନ୍ଦନ'ନି'ଧର'ଶ୍ରୀ'ଶକ୍ତିନାଥା||

nor la sok jok mè-par jin ji lop  
chik-pur ri-trö drim-par jin ji lop  
tum-mö dè-trö bar-war jin ji lop  
gyü-lü lha-kur min-par jin ji lop

*Bless me not to accumulate a lot of worldly goods.*  
*Bless me to live alone in mountain dwellings.*  
*Bless me to set ablaze the tummo's blissful warmth.*  
*Bless me to turn this magic body into the form of the deity.*

ਮੰਨ' ਘਾਦਿ' ਗਲਾ ਹਰ' ਹਰ' ਪ੍ਰਿਵਾਣੀ ਸ਼ੁਦਧੀ ਹਰ' ਹਰ' ਪ੍ਰਿਵਾਣੀ  
ਮਨਸਾ ਤਿਦ' ਪ੍ਰਭਾ ਕੇਵਾਂ ਹੈਂ ਹਰ' ਹਰ' ਪ੍ਰਿਵਾਣੀ ਸ਼ੁਦਧੀ ਹਰ' ਹਰ' ਪ੍ਰਿਵਾਣੀ||

mi-lam ösel char-war jin ji lop  
bardo ku-sum dröl-war jin ji lop  
nyam-nyi chak-chen tok-par jin ji lop  
p'ung-po chö-jin du tong-war jin ji lop

*Bless me to see my dreams as lucid wakefulness.  
Bless me to free the bardo into the three kayas.  
Bless me to see the sameness Mahamudra.  
Bless me to yield this body as an offering or gift.*

ਨਮਸਿਦਿ' ਸ਼ਹਤ' ਧਾਰਿਵਾ ਹਰ' ਪ੍ਰਿਵਾਣੀ ਸ਼ੁਦਧੀ ਹਰ' ਹਰ' ਪ੍ਰਿਵਾਣੀ ਸ਼ੁਦਧੀ  
ਅਛੁਕਾ ਸੁਅਖੀ ਹਰ' ਪ੍ਰਿਵਾਣੀ ਸ਼ੁਦਧੀ ਸ਼ੁਦਧੀ ਸੁਸਾਮਾ ਦਸੁਸਾਮਾ ਕੁਨਾਂ ਹਰ' ਪ੍ਰਿਵਾਣੀ ਸ਼ੁਦਧੀ||

mar t'ri ten-la p'ep-par jin ji lop  
chik-shè kun dröl tok-par jin ji lop  
p'a jè p'u yi zin-par jin ji lop  
lung-sem ü-mar tsü-par jin ji lop

*Bless me to solve the most vital instruction.  
Bless me to see that knowing one frees everything.  
Bless this child to follow the father's footsteps.  
Bless that mind and wind enter the dbuti's path.*

ਤਕੁਨ' ਧਾਰਾ ਸੁਦੁਰ' ਹਰ' ਪ੍ਰਿਵਾਣੀ ਸ਼ੁਦਧੀ ਹਰ' ਹਰ' ਪ੍ਰਿਵਾਣੀ ||  
ਬੰਦ' ਕਾਨ' ਸ਼ਹਤ' ਧਾਰਿਵਾ ਹਰ' ਪ੍ਰਿਵਾਣੀ ਸ਼ੁਦਧੀ ਹਰ' ਹਰ' ਪ੍ਰਿਵਾਣੀ||

tsa-lung lèsu rung-war jin ji lop  
trek-chö tawa tok-par jin ji lop  
t'ö-gal tenla p'ep-par jin ji lop  
lo zè chö-kur tok-par jin ji lop

*Bless me that channels and winds are pliable.  
Bless me to realize the view of trekchö.  
Bless me to gain certainty in tögal.  
Bless me to realize the end of concepts as dharmakaya.*

ਅਨ੍ਤੀ' ਬਾਵਤਕ' ਬਲਾਨ' ਜੁਕੁਨ' ਹਰ' ਪ੍ਰਿਵਾਣੀ ਸ਼ੁਦਧੀ ਹਰ' ਹਰ' ਪ੍ਰਿਵਾਣੀ ||  
ਅਤੁੱਹਾ ਸਾਡੇ' ਬਾਵਤਕ' ਹਰ' ਪ੍ਰਿਵਾਣੀ ਸ਼ੁਦਧੀ ਹਰ' ਹਰ' ਪ੍ਰਿਵਾਣੀ ||

tri-wa tsen t'ab su chö-par jin ji lop  
 sang-gyè rang lè nyè-par jin ji lop  
 ma-tok drowa dren-par jin ji lop  
 lok-tok chö-min drel-war jin ji lop

*Bless me that all clinging is immediately cut.  
 Bless me to find the Buddha within myself.  
 Bless me to guide the beings who have failed to see.  
 Bless me to free those whose misconceptions clash with Dharma.*

ଘ୍ୟେଷକ୍ଷଦ୍ଵରନ୍ଦମ୍ବରପତ୍ରପ୍ରିକ୍ଷିଣଶ୍ଵରନା ଏତ୍ତମନ୍ଦରନ୍ଦମ୍ବଶ୍ଵରନା ପାତ୍ରପ୍ରିକ୍ଷିଣଶ୍ଵରନା  
 ଶୁରମନା ଶୁରମନା ପତ୍ରପ୍ରିକ୍ଷିଣଶ୍ଵରନା ହରମୁଖଦ୍ଵରନ୍ଦମ୍ବଶ୍ଵରନା ପତ୍ରପ୍ରିକ୍ଷିଣଶ୍ଵରନା ଶ୍ଵରମା  
 ମାତ୍ରିକର୍ତ୍ତା ଶ୍ଵରମାତ୍ରିକର୍ତ୍ତା॥

drel-tsè dön dang den-par jin ji lop  
 khorwa dong-nè truk-par jin ji lop  
 p'ung kham lha-kur min-par jin ji lop  
 ja-lü ö kur shek-par jin ji lop  
 lama khyen-no lama khyen-no

*Bless me to benefit those connected to me.  
 Bless me to churn samsara from its depths.  
 Bless me that my body ripens into the deity.  
 Bless me to depart in a rainbow body of light.  
 Lama, hear me! Lama, hear me!*

To obey the explicit command of Her Majesty Dechen Drönma, this supplication was written down in a couple of moments as it arose in the mind of an old mendicant who bears the name Gana.

## A Vajra Song by Drubwang Tsoknyi Rinpoche I

ଓହୀ ମାୟିଦଶାମାୟିଦଶାନ୍ତିପରିକ୍ରମଶକ୍ତିଶ ଯିଦଶାପରିଯତାପାତ୍ରନ୍ଦମ୍ବଶ୍ଵରନା କଣଶନ୍ଦମ୍ବ  
 କିରିପରିଶୈପନାନ୍ଦମ୍ବଶ୍ଵରନା ଗଣଶନ୍ଦମ୍ବପରିକ୍ରମଶକ୍ତିଶ ଗାନ୍ଧାମାପରିକ୍ଷଣନ୍ଦମ୍ବ  
 ଶୈପନାମନ୍ଦରନ୍ଦମ୍ବଶ୍ଵରନା ପରିଶାକ୍ରମନ୍ଦରନ୍ଦମ୍ବଶ୍ଵରନା ଗାନ୍ଧାରନ୍ଦମ୍ବଶ୍ଵରନା ଶକ୍ତିମନ୍ଦରନ୍ଦମ୍ବଶ୍ଵରନା  
 ଶକ୍ତିଶ ପାତ୍ରମାପଲାନ୍ତିପରିକ୍ରମଶକ୍ତିଶ ଶକ୍ତିମନ୍ଦରନ୍ଦମ୍ବଶ୍ଵରନା॥ ଶୁରମନାତ୍ମକଶ୍ଵରନା ଗାନ୍ଧାରନ୍ଦମ୍ବଶ୍ଵରନା

ma-yèng ma-yèng dren-pè gyang-so tsuk  
 yèng-pè lam la dü-ki jakpa yö  
 chak dang shen-pè sem-dè dü yin pè  
 nyi-dzin kun-drel gyu-mè ngowor tö

kadak ma-chö rang-sem ngön-gyur nè  
 sang-gyè shen-na mè-dô rang shel tö  
 shen nè tsöl-gyu mè-dô rang sar sho  
 ma-gom lhun-drup yin pè gyal-sa zin

*Don't wander, don't wander, place mindfulness on guard;  
 Along the road of distraction, Mara lies in ambush.  
 Mara is the mind, clinging to like and dislike;  
 So look into the essence of this magic, free from dualistic fixation.  
 Once your originally pure, uncontrived mind is revealed,  
 There is no buddha elsewhere; look at your own face.  
 There is nothing else to search for; rest in your own place.  
 Non-meditation is spontaneous perfection, so capture the royal seat.*

### **Request for the Teacher to Remain as the Vajra Body, Speech and Mind**

ॐ आमरानि द्वि वेंद्रि शुभ्रा । शुद्धैऽवद्यक्तिः शुभ्रा । महाक्षमामेद्यं द्विरेण्ड्रा । प्रकृत्यामेद्यं द्विरेण्ड्रा ।  
 गुणामी । द्विरेण्ड्रामेद्यं द्विरेण्ड्रा । द्विरेण्ड्रामेद्यं द्विरेण्ड्रा । द्विरेण्ड्रामेद्यं द्विरेण्ड्रा ।  
 om amarani dzi wendiye soha  
 nang-tong dè-chen shom-mè dorjè ku  
 tsen pè lang-tso rab-gyè gyal-kun gyi  
 ngo-tsar chi-zuk kang-dül trul-pè ku  
 gyur-mè ku-i dorjè zhap-ten sol

*Your indestructible vajra body of great bliss, visible and yet empty,  
 Fully adorned with the youthfulness of the major and minor marks,  
 Is the marvelous embodiment of the victorious ones, a nirmanakaya to teach beings.  
 May your life be firm as the unchanging vajra body.*

शशास्त्रेऽवद्यक्तिः शुभ्रा । यत्प्राप्तिः शुभ्रा । द्विरेण्ड्रामेद्यं द्विरेण्ड्रा ।  
 विविक्तिः शुभ्रा । द्विरेण्ड्रामेद्यं द्विरेण्ड्रा । द्विरेण्ड्रामेद्यं द्विरेण्ड्रा ।  
 द्रक्तंग गाक्पा मेपा दोरजे सुंग  
 येन-लक्द्रुक्चु जाब-सांग छो कि द्रा  
 द्रो-लो साम-पा शिन टोन लोंग-छो द्झो  
 गाक-मेपा सुंग कि दोरजे झाप-तेन सोल

*Your unobstructed vajra speech, audible and yet empty,  
 Voice of the profound and secret teachings, endowed with sixty qualities,  
 Is the sambhogakaya manifested to accord with the inclination of beings.  
 May your life be firm as the unceasing vajra speech.*

ੴ ਸਾਹਿਜੇ ਵਥਾ ਸਕਣ ਬਾਬੁੰਦੀ ਸ਼ਸਨਾ | ਬਾਬਾ ਸਾਪਣੇ ਸੈਤਾ ਕੱਤਾ ਗ੍ਰੁ ਮੁਨ ਵਦੀ ਦੁਇ ਸਾ | ਸਾਡਾ  
ਸਥਾ ਕੁਝ ਵਦੀ ਲੈਂਦੀ ਦੰਕ ਸਾਹੁ ਜ੍ਰੁ | ਭਾਬੁੰਦ ਸ਼ਸਨਾ ਗ੍ਰੁੰਦੀ ਵਥਾ ਵਫਣ ਸਾਹੁ ਪਾ||

rik-tong kyè-gak né drel dorjè t'uk  
zab-sel yèshè chö-kun jung-wè ying  
kyab-dak gyal-wè nyung-po chö ki ku  
trul-mè t'uk ki dorjè zhab-ten sol

*Your vajra mind beyond arising, dwelling and ceasing, cognizant and yet empty,  
Profound and luminous wakefulness, the sphere from which all dharmas originate,  
Is the all-pervasive lord, the dharmakaya essence of the victorious ones.  
May your life be firm as the unmistaken vajra mind.*

ਗੁਰਾਨਾਵ ਮਾਰਾ ਅਚ੍ਛੇ ਦੁਖ ਨਿਰਮੁਕ ਪ੍ਰੇਦੁ | ਇਕਸ ਰੂਵ ਘੰਟਸ ਬੁਖ ਵਦੀ ਛੁਨ ਅਤਕ | ਘੜਕ ਵੜੈ  
ਸਦੁ ਕੱਤਾ ਕੁਝ ਵਦੀ ਦੀਆਂ ਦੰਕ ਸਕਣ | ਧੈਖ ਪਾ ਕੁ ਸਕਣ ਸਵਾਚ ਸਾਹੁ ਰੰਤਿਤ||

kun-khyab kha la trinlé nyin-mor jè  
char nup yong-drel p'en dé nang-wa chen  
ten-drö pè-tsel gyèpè nyer-tso chok  
kalpa gya-tsor rab-tu sal gyur chik

*Sun of Buddha activity in the all-pervading sky,  
Radiating welfare and happiness beyond rising and setting,  
Eminent sustainer who makes the lotus garden of the teachings and beings bloom,  
May you shine for an ocean of aeons.*

## Drubwang Tsoknyi Rinpoche's Long-Life Supplication by Adeu Rinpoche (long version)

ਆ! ਸ਼ੁਭ ਵਵਾ ਕੱਤਾ ਗ੍ਰੁੰਦ ਸਾਹੁ ਰੰਤਿਤ ਸਾਹੁ ਰੀ ਵਥਾ ਵਫਣਾ | ਭਾਬੁੰਦ ਮੇਦ ਪਿੰਡ ਸੈਤ ਸਾਹੁ ਵਦੀ ਵਥਾ ਵਫਣਾ | ਭਾਬੁੰਦ ਮੇਦ ਕੈਂਡ ਪਿੰਡ ਵਥਾ ਵਦੀ ਵਫਣਾ ਕੁਝ ਸਾਹੁ ਜ੍ਰੁ | ਭਾਬੁੰਦ  
ਮੇਦੁੰਦੀ ਲੈਂਦੀ ਲੈਂਦੀ ਲੈਂਦੀ ਲੈਂਦੀ ਲੈਂਦੀ | ਧਾਰੀ ਵਥਾ ਸਾਹੁ ਸਾਹੁ ਮੁਨ ਵਥਾ ਵਦੀ ਵਫਣਾ ਕੱਤਾ ਗ੍ਰੁੰਦ  
ਸਾਹੁ ਰੀ ਵਥਾ ਵਦੀ ਵਫਣਾ ਵਦੀ ਵਫਣਾ ਵਦੀ ਵਫਣਾ | ਭਾਬੁੰਦ ਮੇਦੁੰਦੀ ਵਥਾ ਵਦੀ ਵਫਣਾ ਕੁਝ ਸਾਹੁ ਰੀ  
ਸਾਹੁ ਰੀ ਵਥਾ ਵਦੀ ਵਫਣਾ ਕੁਝ ਸਾਹੁ ਰੀ | ਧਾਰੀ ਵਥਾ ਵਦੀ ਵਫਣਾ ਵਦੀ ਵਫਣਾ ਵਦੀ ਵਫਣਾ | ਭਾਬੁੰਦ ਸੈਤ ਸਾਹੁ ਰੀ  
ਵਥਾ ਵਦੀ ਵਫਣਾ ਕੁਝ ਸਾਹੁ ਰੀ | ਧਾਰੀ ਵਥਾ ਵਦੀ ਵਫਣਾ ਕੁਝ ਸਾਹੁ ਰੀ | ਧਾਰੀ ਵਥਾ ਵਦੀ ਵਫਣਾ ਕੁਝ ਸਾਹੁ ਰੀ  
ਚੁਣੀ ਵਥਾ ਵਦੀ ਵਫਣਾ ਕੁਝ ਸਾਹੁ ਰੀ | ਧਾਰੀ ਵਥਾ ਵਦੀ ਵਫਣਾ ਕੁਝ ਸਾਹੁ ਰੀ | ਧਾਰੀ ਵਥਾ ਵਦੀ ਵਫਣਾ ਕੁਝ ਸਾਹੁ ਰੀ  
ਕੁਝ ਸਾਹੁ ਰੀ | ਧਾਰੀ ਵਥਾ ਵਦੀ ਵਫਣਾ ਕੁਝ ਸਾਹੁ ਰੀ | ਧਾਰੀ ਵਥਾ ਵਦੀ ਵਫਣਾ ਕੁਝ ਸਾਹੁ ਰੀ | ਧਾਰੀ ਵਥਾ ਵਦੀ ਵਫਣਾ ਕੁਝ ਸਾਹੁ ਰੀ|  
ਧਾਰੀ ਵਥਾ ਵਦੀ ਵਫਣਾ ਕੁਝ ਸਾਹੁ ਰੀ | ਧਾਰੀ ਵਥਾ ਵਦੀ ਵਫਣਾ ਕੁਝ ਸਾਹੁ ਰੀ | ਧਾਰੀ ਵਥਾ ਵਦੀ ਵਫਣਾ ਕੁਝ ਸਾਹੁ ਰੀ|  
ਧਾਰੀ ਵਥਾ ਵਦੀ ਵਫਣਾ ਕੁਝ ਸਾਹੁ ਰੀ ||

p'o-mè yèshè ku nyè dèwar shek  
lu-mè chok-sum rabjam gyalwa dang  
chi-mè tsè-yi pal ter chok nam ki  
gyur-mè dorjé jin-lap pal tsöl dzö  
ngak ki wang-chuk mè-jung t'uk jè ter  
tsok-nyi t'ar-son yonten gyam-tsö chi  
khyen-tsè norbu dri-ma mèpè tok  
dön-gyü nyig-pö gyal-tsen ngön t'o tsèr  
zi-jin bar-war shap-pè tak ten sol  
tso-shè shom-drel dorjè kham su ling  
p'en dè pal kun sam-p'el wang tar jo  
lek-dzè trinlè gek-mè tak ching khyab  
p'un-tsok gèlèk lhun-ki drup gyur chik

*Sugatas who have realized the unceasing wisdom body,  
Undeceiving three jewels, all-encompassing Conquerors,  
Eminent ones who grant the glorious treasure of immortal life,  
Bestow the splendor of immutable vajra blessings.*

*Lord of speech, treasure of exceptional compassion,  
The two accumulations completed, you are an ocean of resplendent qualities,  
And the immaculate crown jewel of wisdom and love.  
At the lofty summit of the victory banner of the essence lineages of absolute truth,  
In blazing and majestic brilliance, may your life be long and stable!*

*Please remain alive, as firm as the indestructible vajra nature.  
May your splendor of benefit and welfare be like a  
wish-fulfilling gem.*

*May your excellent activity be unhindered, eternal and pervasive.  
May you spontaneously bring about perfect virtue and goodness.*

While staying at the seat of the current manifestation of the Lord of Yogins, Tsoknyi Rinpoche, III and at the urging of Tshe Gonpa's umdze Rabphel, and Ki Gompa's nuns Jamyang Dedron, Zilnon Chodron and Sherab Zangmo, the one called Trulzhig the Eighth (*Adeu Rinpoche*) composed this prayer of supplication and aspiration in an interval between sessions of making amrita medicine. May virtue and goodness increase!

## Heart Mantra of Vajrasattva

om benza sato ah

## One-Hundred Syllable Mantra of Vajrasattva

om benza sato samayam anu palaya.  
 benza sato teno pa tishta dridho me bhava  
 suto kayo me bhava supo kayo me bhava  
 anu rakto me bhava sarva siddhi me prayatsa  
 sarva karmasu tsa me chittam shreya kuru hung  
 ha ha ha ha hoh  
 bhagavan sarva tathagata benza ma me muntsa  
 benzi bhava maha samaya sato ah

## Prayer to Protectress Dorje Yudronma



ཡි·සේ·ෂ·ග·න්·සූ·ජ්·න්·ප්·ව·ය·ක· ඩි·ෂ·ග·ද්·ජ·ජ·ජ·ය·ද·හ·ය·ම·  
 ඩි·ෂ·ග·ය·ස·ජ·ස·ම·ද·ය·ස·ස·ර්·හ·ස·ජ·ස·ජ·ය·ද·හ·ය·ම·  
 ඩි·ෂ·ග·ය·ස·ජ·ස·ම·ද·ය·ස·ස·ර්·හ·ස·ජ·ස·ජ·ය·ද·හ·ය·ම||

yéshè ka-tak trö dang trelwa lè  
 rigpa ösel dorje yudrönma  
 rik tsel gak-mè khor-ki tsok dang chè  
 sol lô chö dô dö tön yi-shin drup

*In primordial purity and wisdom free from elaborations*

*Is the luminous awareness Dorje Yudrönma.*

*Accompanied by her retinue, the unceasing expression of awareness,  
 We supplicate and make offerings. Accomplish our desires as wished!*

